

# *hEat*

THE EXTREME GRILL EXPERIENCE

23/F, QRE Plaza building  
202 Queen's Road East, Wan Chai  
22468805

## *Takeaway Lunch Menu*

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<i>Tex-mex Protein Bowl</i>	<i>\$88</i>
<i>Asian Energy Bowl</i>	<i>\$78</i>
<i>Truffle Mushroom Penne</i>	<i>\$88</i>
<i>Grilled Duck oil Special Rice</i>	<i>\$98</i>
<i>Slow Cook 16hours Chicken Breast With Cous Cous</i>	<i>\$98</i>
<i>Carbonara</i>	<i>\$88</i>
<i>Slow Cook 8 Hours Cedar river Mushroom Risotto</i>	<i>\$125</i>
<i>Lobster Linguini</i>	<i>\$125</i>
<i>XO Fried Rice With Tiger Prawns (XXL Size)</i>	<i>\$110</i>
<i>Cods Fish Of The Daily With Cous Cous</i>	<i>\$100</i>

### *Dinks Include ( Choose 1 ) :*

*Coke, Sprite, Coke Light, Ginger Ale, Soda*  
*Latte, Cappuccino, Mocha, Americano*  
*Ice Lemon Tea, Ice Lemon Water, Fresh Lime Soda*

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### *Snacks \$78*

*French Grilled Bread With Truffle Sauce*  
*Mussels With Chorizo Pots*  
*Grilled BBQ Chicken Wing 8Pcs*  
*Nachos With Guacamole and Fried Chicken*

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***Self Take Away 20% Off***

*Please let us know if you have any food allergy*